



INGOLDISTHORPE VILLAGE WI NEWSLETTER SEPTEMBER 2024

President's Message

Good evening to you all.

I hope everyone had a good summer break either abroad, in this country or even staying at home. Perhaps you had some decorating you wanted to get done or grandchildren to look after. By the time you read this Barbara and I will have just returned from a week in North Yorkshire.

During August, 23 of the members went out to The Black Horse at Castle Rising for our normal Summer dinner. As it was close to Margaret Dring's 90th birthday she had paid for an elaborate cake for everyone to share at the meal. True to form, one was too full of dinner to enjoy on the night, but Pam, organised as usual, had brought along little plastic boxes to enable people to take home and enjoy. Delicious it was too. Margaret dressed for the occasion was presented with a bouquet of flowers and a card signed by everyone present. I believe a good time was had by all.



On the 21st of this month is our Harvest Lunch, so please if you would like to come and haven't yet got a ticket contact Pam either at the meeting or phone on 01485 544404. Two of our normal cooks are away for this event, so I am looking for volunteers to help with supplies please. We need one or two people to make potato salad. We would always be glad if others offered to prepare food for these occasions. I believe some of our newer members are excellent cooks. Please contact Pam and she will explain.

October 18th is the Autumn Group Meeting at South Wootton Hall. That night is a talk on the Bayeux Tapestry and a couple of floral arrangements. These evenings are usually very interesting. The hall is warm and large. Again Pam has 10 tickets so if you would like to attend please see her as you attend the monthly meeting.

We have decided to reintroduce our trading table for members to bring items to sell, giving a percentage of the proceeds to WI. This could include produce from the gardens, books, puzzles etc. However anything not sold on the night must be taken home at the end of the evening. Apologies for this long epistle but that's what happens with a month away.

Sandie

Federation Events



Autumn Federation Meetings - Hethersett Friday 18th October 2 - 5pm or Lingwood Tuesday 29th October 10am - 1pm. 'Come and meet the Alpacas.' You will be able to hear all about the alpacas and enjoy the opportunity to interact and feed them. Refreshments provided, tickets £8.



Icing for Christmas - Thursday 14th November Federation Office Norwich 9.30 - 3.30pm £25. Tea, coffee & cake will be available, please bring a packed lunch. Learn the basic techniques using Royal Icing and Fondant Icing.



Resolutions Information Meeting - Thursday 21st November Norwich 10.15 - 12.45pm, free event.



Pointillism Watercolour Christmas Cards - Pointillism is a technique of painting with small distinct dots of colour applied patterns to form an image. Saturday 7th December Federation Office 10 -1pm or 1.30 - 4.30pm £15.



Centenary Salver - Saturday 26th & Sunday 27th April 2025 Honingham Village Hall.

There is an competition for individuals. You are invited to make a toy using any medium. The group entry theme will be 'An Historic Norfolk Person' born pre -1900. Closing date 28th February 2025.



Preloved Jigsaw & Games Sale - Saturday 23rd November, Federation Office 10 - 3pm.

Festive Craft Fair - Saturday 30th November, Federation Office.



Norfolk Federation Branded Pens and Aprons, Pens £2 Recycled Cotton apron £10
Norfolk Federation 2025 Norfolk Calendar £6. If you would like to purchase any of the above items please see Pam.



Western Area invites you to a talk by John Vigar 'The History of our Local Churches' Monday 21st October 6.30pm. Downham Market Town Hall £5.

If you are interested in any of the events and are unable to be at September's meeting, please let me know by email barb.jones51@btinternet.com or 07539602028 and I will add you to the list.



Ingoldisthorpe WI coffee morning at The Well will be on Friday 27th September 10.30am.

Barbara



Strumpshaw Fen

In mid July three members of our WI went on a visit to RSPB Strumpshaw Fen near Norwich which had been organised by the Norfolk Federation. Once there we were joined by members from other WI's for a walk around the reserve which was led by two RSPB staff. Though the reserve is comparatively small it has a wide variety of habitats including reed beds, woodland and orchid rich meadows as well as footpaths along the river. Though the organised part of the visit finished by mid day we were then able to spend some time exploring the reserve on our own. We had an enjoyable day out and were most grateful to Barbara for doing the driving.

Cath Roch

Outings

Our next outing is planned for Friday 27th September when we are going out to see the seals at Blakey point. We are leaving at 10.45 and having lunch at The Parlour at Bingham before driving down to Morston Quay and boarding the boat at 2pm. Tickets are purchased on the boat and are

£20.00. Please bring cash as the card system doesn't always connect. If you would like to come and haven't booked, no worries, just see me Thursday night at the meeting.

Those of you coming to the Neil Sands Christmas Memories on the 1st November, please pay Pam £14.50 on Thursday night at the meeting.

The visit to What a Hoot brewery has been deferred as it was felt that it was not good value for money and time and availability was limited. We will look for an alternative in the New Year.

Carole C



Book Club met last Friday September 6th for the first time since our Summer break.

Everyone brought along the books they had been reading and we took it in turns to talk about them.

Some very different and interesting titles amongst them: 'Still Life' by Sarah Winman, '3 sisters and Sisters in the Sun' by Heather Norris being amongst the favourites, along with 'Can't wait to get to Heaven' by Fannie Flagg and 'The January Man' by Christopher Somerville.

We have decided to read 'At Hawthorn Time' by Melissa Harrison this time. It deals with the different relationships people have with the countryside - a vagrant, an unhappily married couple, a young local boy desperate to get away from rural life, and other residents of a small village.

Our next meeting will be on 25th October, 2pm at The Granary. Happy Reading everyone!

Lindsay

IMPORTANT - PLEASE READ

Change to holding of emergency contact details for WI members

Some while ago it was suggested by Federation that we should hold emergency contact details for our members. This was a voluntary thing and not all of our members chose to do this. We have held these details in sealed envelopes ready to be opened in case of emergency for some time now, without them ever needing to be used, and they have never been updated.

It was discussed at the last committee meeting and the decision was taken that we would no longer hold these details and they would be destroyed.

The suggestion was made that members could, as an alternative, keep their emergency details (for example phone number to contact in case of emergency and perhaps any allergies) in their phone using the Emergency button, which would allow anyone to see these details without needing the PIN number to access the phone. Alternatively a simple slip of paper kept in the phone case or purse would equally do the job. This has the advantage of being available not only when being out with the WI but in any emergency situation when you are perhaps out on your own.

Cath Roche

September Meeting

Singing for Wellbeing with Stephen Amer

Vote of thanks - Dorothy

Flowers - Sue Nulty

October Meeting

Members Meeting - Games and Quiz Night

Flowers - Hazel

President Sandie 01485 545732

Secretary Barbara 01485 545797