



The WI is a member of the Climate Coalition and in September we are supporting the Great Big Green Week during which WIs around the country will be organising events. As you know there will be a major international conference, COP26, later this year in the UK and the WI is also calling on the UK Government to provide a fair deal for women and girls everywhere in the fight against climate change. But what can WE do as individuals? We know that responsibility lies with government but we can all help with some changes to our lifestyle. You may be doing these already but here are some ideas!

- Reduce your demand for fossil fuels. Drive less, walk or cycle more or use public transport when you feel happy to do so again. Fly less – we have missed our holidays abroad but the climate is better for it!
- Think about modifying your diet. You don't have to go vegetarian or vegan but by cutting your consumption of animal protein by half you can cut your diet's carbon footprint by more than 40%. Eat seasonal food grown locally.
- Consume less! Maybe go for a local walk in our lovely countryside rather than driving somewhere. Perhaps fewer retail expeditions – think about upcycling your clothes. It's amazing what an old pair of denims can become!

We have all been shocked by the floods all over the world in recent months and the huge fires and extreme heat in North America, Australia, Sardinia and Siberia! Polar icecaps and glaciers are melting with potentially devastating consequences. We can't change everything but we can all do something to help!

Do let us know if your WI is doing something for the Great Big Green Week!

Liz Barker

Chair of PA subcommittee