



INGOLDISTHORPE VILLAGE WI NEWSLETTER JULY 2023

President's Message

Denman

Some time ago we were informed of the sale of Denman College. Here is a reminder of the update we received in the report from our delegate who attended the live screening of the National Annual Meeting

- ❖ The proceeds from the sale, £6.24m, went to create the Denman Trust.
- ❖ Virtual Denman at Home will continue and additional funds of £2.75m will be available for in-person education by offering grants to Federations along with expertise and support from the National team.
- ❖ £4m will be left in permanent endowment to ensure a sustainable future for the Trust.



Strawberry Tea

A huge thank you to all those who helped on the day, made cakes and bought a ticket. It was a great success with 52 people sitting down to enjoy strawberries, scones, cakes and of course tea. After expenses we were left with £160 to boost our bank balance.

Website

Thanks to the drive and dedication of Di and Carol, our website is ever expanding and now you can click on a month and it will bring up our monthly newsletter.

Important Reminders and Information

- ❖ Change of date - our Well Being Day will now be on Saturday 11th November. More details will follow so make sure you put the date in your diary.
- ❖ Don't forget to see Pam if you want a ticket for the Autumn Group Meeting 20th October, South Wootton Village Hall, Murder Mystery Evening with Julie Porter, 7.00pm £4.00.
- ❖ Our next community event is our Harvest Lunch, Saturday 23rd September, 12.00 for 12.30, £8 ticket. Posters will be on display soon and tickets will be available from Pam.

And finally:-

- ❖ Make sure you take time to look at the notices and boards on display in the committee room.
- ❖ Keep hold of your newsletter, lots of information there. You don't want to miss anything. *Lesley*

Walks



River Wensum

Variously described as ‘a hidden gem’, and ‘a well kept secret’, the stretch of the River Wensum that flows through Fakenham certainly lives up to its reputation. Guided by Hazel we met on a day when the weather couldn’t make up its mind – was it cold, would it rain, so of course we all went prepared for the worst and stayed hot and dry! We started with a short walk through the town passing the old Fire Station and the Gas Museum, but those are for another day. Our walk was along the Wensum. It is a chalk stream so beautifully clear with colourful wild flowers, reeds and grasses along the banks. Dragonflies, butterflies darted by, a moorhen swam for cover and there were Kites overhead (as well as some impressive RAF aircraft). A fallen branch blocking the footpath didn’t deter us as with a bit of limbo we all got through. Barbara estimated we had walked just over 5 miles so our refreshments at the end were very welcome. Thanks again to Hazel.

Jean



Kings Lynn Mystery Walk

Our recent mystery walk in King's Lynn, planned by Hazel, took in a variety of scenery. We started in The Walks following the river to the bandstand and Red Mount Chapel. The trees provided welcome shade and we were impressed by the whole area which is definitely worth a visit. From there we cut through some interesting streets to London Road and continued along countryside footpaths to the Nar Valley Way. We followed the path by the river back to King's Lynn where we enjoyed refreshments at Cobbles tea room in Hanse House just off the quay.

Cath

Trips and Outings



After a tasty brunch at The Warehouse, Setchey we headed off to Watatunga Wildlife Reserve, Sandie and Carol Hodges volunteered to drive the rest of us in the buggies. We followed the tour guide around the reserve whilst listening to her interesting commentary about the animals we were seeing, and how they are trying to help with conserving endangered species. The reserve is beautifully kept and very natural. We saw Water Buffalo, Chinese Water Deer, Oryx and Lechwe deers roaming around or resting in the fields. There were also ponds hosting a great variety of wildfowl and we were entertained by a Great Bustard called Dave who came to visit us when we stopped.

We finished off the day with a cup of tea and an ice cream, a really different trip which we all thoroughly enjoyed. Thanks again to Sandie and Carol for the transport and buggy duties.



Our next event will be the evening meal on Thursday 24th August at The Garden Brasserie Knights Hill Hotel 6.30 for 7pm.



The next coffee morning at The Well will be on Friday 28th July 10.30am. We won't be having a meetup in August as the hall will be closed to enable the new heating to be installed.



We are in the progress of planning our trips for the autumn and winter and will have details at the September meeting.

Barbara and Sandie

Federations Events - Boards are out at the meeting if you are interested

Open Day and Treasure Hunt, Evelyn Suffield House 11am - 4pm Friday 8th September

First Aid Course for Seniors, Evelyn Suffield House Tuesday 10th October £7.50

Get Comfortable Online, Evelyn Suffield House Thursday 19th October 10.30 - 12.30 £7.50

Autumn Hanging Basket Workshop with Afternoon Tea, New Buckenham Tuesday 24th October 1.30 - 4.30pm £25

Four Corners Craft Day, Evelyn Suffield House Thurs 9th & 30th November 10 - 3.15 £20

Group Events

North Wootton Annual Garden Party Tuesday 8th August 1.30pm includes buffet lunch, live music and activities at the Scout and Guide Headquarters Station Road North Wootton. We have 10 places. Please sign the board or let me know at the July meeting if you would like to attend.

Barbara

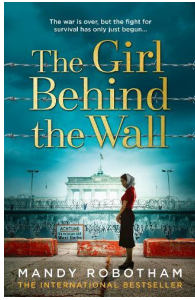


Book Club met on 7th July to discuss *The Girl Behind The Wall* by Mandy Robotham. Everyone enjoyed reading this book, particularly as it was set in a period of history in Berlin that most knew little about. Sandie and Carole also read *Being Mortal* by Atul Gawande about the ageing process and how we manage it.

Far Pavilions by M M Kaye is our next read. Set in India it is a story of an Englishman brought up as a Hindu.

Our next meeting is on September 8th at The Granary at 2pm. Unfortunately we have lost 2 members from our group who have left WI so if any other members would like to join us they would be very welcome.

Lindsay



Book Review

The Girl behind the Wall by Mandy Robotham

'I was 9 years old when The Wall went up, I vaguely remember grown ups talking about it but had no idea the significance of such an event. Of course in 1989 when it fell the television coverage was instrumental in highlighting the despair of families cruelly separated for near 30 years and the joy of seeing their loved ones again'.

The Girl behind the Wall tells the story of identical twin sisters, Karin and Jutta who are separated when Karin is rushed to the nearest hospital in East Berlin with an appendicitis on the day the city was divided.

Denied access to each other, Jutta finds ways of entering the East to hopefully get Karin back to the West and her family but every trip is fraught with danger knowing she could be shot if caught.

Their lives become more complicated when Karin meets Otta, an East Berliner and Jutta meets Danny, an American Lieutenant.

Although fictional characters, this book informs the reader of the pointless injustices that were imposed upon ordinary citizens of Berlin after the Cold War.

It was an interesting and informative read and I would definitely recommend it.

Sue Pearson

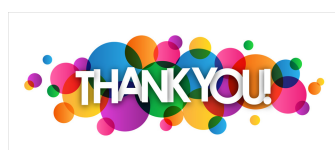
Our WI Website



Following a brilliant training session last week run by Sue Dyke and Sheila Young from Federation, Carol and I now understand the new IT system a little better than before. The training was also attended by members from other WI's. Janet Lane and Gill MacKenzie from Snettisham and Ruth Fox from Kings Lynn. It was lovely to meet them all and Carol and I are looking forward to keeping in touch with everyone in the future.

We've now uploaded the Newsletters for the first six months of 2023 onto our website. Just click on the date and it takes you to the newsletter for that month. Once the website update is complete you will be able to find dates, reports, newsletters etc, all in one convenient place!

Di



My thanks to those who have made this newsletter so interesting and informative. We may be small in numbers, but very big in what we do for both ourselves and the local community, so a very big thank you to those who make these things happen. *Sylvia*