

Picnic Trifle in a Jam Jar

Jam Swiss Roll cut into thin slices

Carton or tin of Readymade Custard

Whipped Fresh Cream or if you want to be really old-fashioned use tinned sterilised cream*** (Available in Morrisons or Sainsburys)

Fresh Fruit - strawberries/raspberries etc

or tinned (peaches are good)

Half pound sized clean jam jars with lids

String

Teaspoons

Method

Place a slice or two of swiss roll in the bottom of each jam jar

Then some custard, pieces of fruit followed by the whipped cream

Add a second layer in the same order until reaching the neck of the jar.

Screw lid onto the jar.

Tie a piece of string around the neck of the jar loose enough to thread the spoon handle through.

Keep in fridge until ready to eat or inside a closed cool bag

***If using sterilised cream buy it a few days before.

Shake really hard and store in fridge till needed.

Open carefully and pour off the whey first before spooning out. ***