



Norfolk Federation of WIs
Charity Number: 227411






Let's Zoom Together!

February Federation Zoom talks!

You can apply for as many talks as you like and can apply anytime

For the time being these will be allocated on a first come first served basis, when we receive payment you will be confirmed on the list. £3-£4 for each Zoom

Apply by form, phone or email Helen at admin@norfolkwi.org.uk

Date	Time	Topic	Subject	Cost	Tick Box
Mon 1 st	7pm	Gardening Quiz 	Simon White - Gardening Quiz Come join in with this fun gardening quiz- do you know your weeds from your flowers or all the different varieties of roses, if you think you do this is the quiz for you	£3	
Wed 3 rd	2pm	Local History 	Richard Matthews - The story of Dragon Hall How it was built, lost after the 15th century, and re-discovered in the late 20th century'	£3	
Tues 9 th	2pm	Cooking 	Heather Jeary & Carol Makins- Fun Food for February A new demonstration including dishes for Valentine's day and a flipping pancake competition between Heather & Carol Who do you think will win!	£3	
Wed 17 th	2.30pm	Well-Being 	Penny Simmonds - Let your feet do the talking! - an insight into what your feet can tell us about your personality and health. Penny will refer to anonymous photos of group member's feet, to be shared during the session, and provide an insight in to what your feet are telling us.	£3	
Tus 23 rd	7pm	Nature 	Saffron Summers - When birds sing Experience and learn the wonders of birdsong from a musician's perspective. A wonderful journey of Birdsong and music for wellbeing.	£3	

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..... WI

Name: Tel No.....

Address

..... Postcode.....

e-mail

Please use tick box on form to indicate which talks you are applying for

I enclose £for place @ Please make cheque payable to NFWI

On the reverse please write "Zoom" and the name of your WI

Please return to Evelyn Suffield House, 45 All Saints Green, Norwich NR1 3LY

By BACS: To NFWI Sort Code 08-92-99 Account No. 65431449

Payments should be referenced with your Surname and "Z"

FOR OFFICE USE ONLY Please do not staple cheques to this form

Date received.....Amount.....P I Cash

Date sentPost Email