



How are your Sunflowers doing?



Betty Jenness' (above)



Kate Binks's (above)



Mine (left)
(oh dear!)

Pat's (right)



Upcoming Events

Wed 26 May @ 1.30pm

WI Members' Meeting in Bridget's garden. My email of 8 May gives details. Please contact me if you are not able to come.

Wed 23 June @ 1.30pm

WI Members Meeting in the Snooker Hall. More details to follow.

Wed 7 July @ 2-4pm

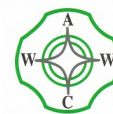
Craft Group Meeting in the Snooker Hall. Please contact Betty for further details.

plus ... plus ... plus ... plus ... plus ..
Weekly Zoom coffee mornings and quizzes - let me know if you'd like to join us.

Do send me pics of how yours are doing 🌻

ACWW Walk on Friday 30th April

Five WI members: Chris Fallowfield, Kate Binks, Mavis Norsworthy, myself and Bridget Barnard, plus her hubby and their two lovely dogs thoroughly enjoyed the two mile potter round Whitlingham Broad on Friday 30th April, followed by a bit of a sit down at the lovely cafe there for a cuppa and (in my case) a slice of cake!



We'll be doing this again. If anyone would like to join us on one of our occasional walks, then please let me know.



**Our Zoom Speaker, Gavin Bickerton-Jones, on 28 April
review by Chris Fallowfield**

On Wednesday the 28th April Attleborough WI had a very interesting Zoom talk and slide show from Gavin Bickerton-Jones. Gavin is a local wildlife photographer who travels all over the country as well as locally to take his beautiful photographs. He advised us that the best times of day for observing wildlife is either very early morning, evening or night depending on the habits of the bird or animal. He uses camouflaged clothing or hides to assist him and spends long periods of time sitting still observing his subjects. He also uses time lapse and non flashing cameras. He is particularly interested in owls and kingfishers. He told us that there are 5 species of owls in the UK: little owls, tawny owls, long eared owls, barn owls and short eared owls.

Gavin then showed us photographs of brown hares, swallow tail butterflies, bearded tits, kestrels and peregrine falcons which nest on Norwich Cathedral. We were also shown photographs of fox cubs, stoats, buzzards, marsh harriers, otters, badgers, herons and kingfishers.

Some of the local places that Gavin goes to are Strumpshaw Fen, Lackford Lakes and Old Buckenham Country Park.

It was lovely to spend some time looking at the excellent wildlife photographs and hopefully it will inspire us to observe the nature which surrounds us.

Gavin has a website and he has recently written a book on barn owls as well as selling prints.

Thanks, Chris, for this lovely review of our speaker



UMI

This is a photograph of my latest wall-hanging. It is called Umi - The Sea. The technique is raw edge applique with lines of Sashiko stitching to hold the shapes in place.

Betty Stacey

(Arigato, Betty!)

A reminder that this year's Resolution is:

**A Call to Increase Awareness of
the Subtle Signs of Ovarian
Cancer**

We will be discussing this at our May meeting and voting on it at our meeting in June.

Further information may also be found on the NHS website link [here](#), Cancer Research website link [here](#), and also on the Target Ovarian Cancer website, [here](#)

**A lovely Spring photograph here taken by Ruth,
who says:**

I bought my bulbs in that short break between lockdowns in October 2020, hoping that they would bring a lovely display in springtime.

And I am delighted with what nature has produced. They are vibrant, a welcome sight in these dull and cold days and will bloom for quite a few weeks. I hope you like them

Ruth Roberts

Thanks, Ruth, for sharing this with us

