



**INGOLDISTHORPE VILLAGE WI**  
**KEEPING IN TOUCH**  
**JANUARY 2021**

**President's Message**

I would usually start my first message for a new year with 'Happy New Year' but this year that does not seem appropriate so instead I'm saying, 'I wish you a peaceful New Year and may you keep well and be as content as you can be in these current times'.

So here we go, a whole new 12 months ahead, my motto to look forward and not back. I've found from recent experience it really is true it's the little things that make a difference. I never realised how going out for a walk (or in my case stroll) with little Louie (my furry friend) would give me such a boost. I sit here, start to feel down in the dumps then put my coat on, head out and when I come back my frown has turned upside down! And something we can look forward to is the coming of Spring.

I would like to hope that by the time I'm writing for our February edition some of you will be able to say you have had your first vaccine. As the weeks go by, we will of course have to plan according to how the situation evolves.

So enough of 'me'. I'll leave you to read what follows, challenge your little grey cells, and hopefully have a chuckle.

*Lesley x*



**Jerusalem**, which we sing at our meetings, was written by William Blake with music by Hubert Parry. Parry composed the music in 1916 during the first World War to raise the spirits of the people. Parry's family supported the Women's Suffrage Movement and they took the hymn as their anthem in 1928 when all women were allowed to vote. After Parry's death the copyright was given to the Women's Institutes. Blake wrote the words during the time of the Industrial Revolution which he felt had destroyed both nature and family life as many country people moved to the cities where there was work and better pay.



**Birthdays**

I recently saw an advertisement for a piece of jewelry containing a Birthstone. Although I had heard of the word I didn't know much about it, so again thanks to the Internet I have found out the following: It is believed that it has a Biblical origin as the Breastplate of Aaron had 12 jewels mounted in it which represented the 12 Tribes of Israel. In addition to a Birthstone there is also a flower for each month. This dates back to Roman times and became very popular with the Victorians. Therefore when wishing members a Happy Birthday, I will now include your birthstone and flower.

**January Birthdays** - Happy Birthday this month to Jennifer, Cath R, Margaret C, Hazel, Carol H, and Sandie. Your Birthstone is a Garnet and the Flower is a Carnation.



### **A Favourite Walk**

My favourite walk is one that I used to enjoy with my dog Holly. You can either catch the bus to Old Hunstanton, alight at the bus stop at the junction with Sea Lane and the mainroad, walk down Sea Lane until you reach the junction with Wodehouse Road and turn right. If you go by car take the main road to Old Hunstanton, turn off at the junction with the main road and Golf Course Road, drive on past the Le Strange Hotel until you meet Wodehouse Road. You can usually park along here or on the adjoining roads. Walk along Wodehouse Road until you reach Sandy Lane on the left by the new houses, take this turning and carry on down a small path until you meet the path behind the sand dunes. Turn right along this path which runs between the Golf Course on your right and the beach huts and the dunes on your left. Walk along this path for about a mile when you arrive at Holme beach. You now have a choice, you can either retrace your footsteps or go over the dunes onto the beach. Holly's and my preference was always the beach, walk along the beach until you reach the path that takes you up past the lifeboat station opposite the Boathouse cafe where you can stop for a rest and a coffee and cake before carrying on until you reach your starting point.

Approx 2 ½ miles in total.

**Barbara**

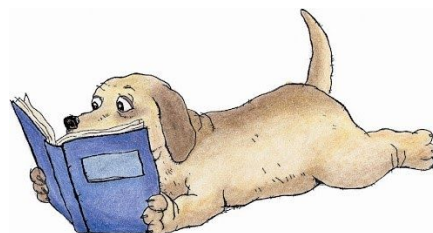
**Keeping in Touch** - what a good idea, it makes a lovely friendly noise when dropped through the letterbox. Thank you all for our Christmas cards, I am sorry I was not able to send you all one this time. Life got in the Way. 2020 has been different for all of us but I am sure WI Members have 'made the best of a bad job' - as folk used to say: Positive thinking = 2021 will be better. Best Wishes.

P.S. I loved Sophies 'tail'. Perhaps a few more animal tales would make a little book.

**Margaret Collison**

I think Margaret's idea is great, so all you pet owners past and present let me have your contributions plus a photo. This could be our Lockdown Project for 2021 even if it is only for 6 weeks or so. If you do not have access to a computer just drop a note through the letterbox of 83 Grovelands.

**Sylvia**





### **Tuna Fish Pate**

- 1 x 7oz. Can of Tuna fish
- 4 oz. Cheddar Cheese grated
- 4 tbsp Mayonnaise
- ½ pt Milk
- 2 Eggs
- 1tsp Salt

A delicious savoury made and served in ramekins or in a flan dish, served with toast or a salad. Eaten either hot or cold.

1. Beat the eggs and add the milk
2. Beat in all the other ingredients and place in a dish or place all the ingredients. in a liquidiser and blend together.
3. Gas Mark 2, 100 degrees centigrade for 1 hour to 1 hour 10 minutes until lightly brown and risen.

Enjoy.

**Sue N**

**Monthly Quiz.** Over the past year Hazel, Jean and myself have been responsible for setting the quiz each month. This year I'm hoping that you the members will give us a helping hand. I would like each member to send me two questions on any subject you like. It can be Nature, Current or past news, History, Geography Sport, General Knowledge, Music, the list is endless. Needless to say I will need the answers. We have 32 members so that will give 64 questions which should see us through until April when perhaps there may be signs of getting back to normal meetings again.



### **Sophie's Christmas**

Sophie's fun and games started two weeks before Christmas when we decided to put the decorations up to try and get into the Christmas spirit. We put the tree up ready to decorate it the next day and in the morning she decided to go tree climbing! Oh dear! not a good start to the day. Eventually I finished decorating it and was quite pleased with how it looked. Unfortunately Sophie decided it was over-done so "helped" remove some of the baubles from the bottom of the tree and batted them around the room! This carried on for the next two days until I gave up and left the baubles on a small table next to the tree, so then she started climbing again to reach the higher ones and removing some branches on her way down! Next she found the ones on the table (is nothing safe from inquisitive cats?), after that I left her to it and redecorated the tree on Christmas morning! As

if there isn't enough to do on that morning! She was very good that day and spent most of the time behind the settee out of the way of family visitors. Boxing Day off we go again, so on the 27th down came the tree and is now packed away ready for next year.

Having said all that she is really good company and has settled in now, even sleeping on my lap as I type this!

Best wishes for 2021.

*Hazel*



### **Local History**

While poking around on the Internet I found this picture of the Ship Inn Ingoldisthorpe. It was closed by Watney (East Anglia) Ltd on the 11th May 1970. The last Landlord David William Stephenson. The premises were sold and the licence not renewed in 1972.

I may include bits of local history in future newsletters, but remembering we have members who do not live in the village it would be interesting for us to know something about their village. Therefore, as a starter tell us what your village sign represents.

*Sylvia*



### **Unusual Pub Names**

Back in November the EDP produced an article entitled the Strangest Pub Names Explained. As I've always wondered about the village pub at Cockley Clay which is called The Twenty Churchwardens I was immediately interested. Cockley Clay was part of the Hilborough group of 10 Parishes, and with 2 Churchwardens per parish and with the pub being next door

to the church what better name for it. No doubt the churchwardens all meet up every now and again for some light refreshment.

Smokers may be familiar with the word Churchwarden as it is a long stem pipe for smoking tobacco. In the days when churches were never locked, the wardens or other local men watched over the building during the night. They smoked these long stem pipes so the smoke and pipe would not be in their line of sight.

### **Famous people who live in Norfolk**



**Stephen Fry** - Actor, comedian and presenter, he spent his childhood in Booton, near Reepham. He now splits his time between London and Norfolk and has a home in West Bilney. Stephen says 'the Norfolk skies get into your soul in whichever part of the county you happen to be'.



**Janet Street Porter** - Recognised for her work as a Journalist and her appearances on television as a member of the Loose Women team, Janet moved from Yorkshire to Thurlton in south Norfolk in search of 'the good life in the countryside'.



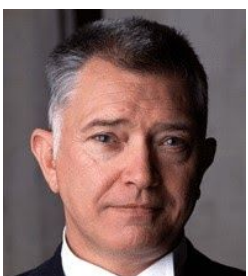
**Desmond MacCarthy** - The eccentric and outspoken owner of Wiveton Hall has become a cult figure since he was thrust into the limelight in the documentary 'Normal for Norfolk' – not that he wasn't already a bit of star among the locals and visitors to his farm and café.



**Lisa Goddard** - Lives near Fakenham and appeared in Bergerac and Give Us a Clue. Lisa was previously married to Colin Baker and Alvin Stardust. Sadly she lost her third husband, David Cobham in 2018. He was the founding member of the Norfolk based Hawk and Owl Trust.



**Brendan Coyle** - Best known for playing John Bates, the valet to the Earl of Grantham, in Downton Abbey. Brendan lives just down the road in Heacham. He divides his time between London and Norfolk and is Patron at The King's Lynn Arts Centre.



**Martin Shaw** - An English stage, television and film actor born in Birmingham but later moved to Norfolk. He is most famous for his roles in The Professionals, Judge John Deed, The Chief and Inspector George Gently. He moved to the village of Hingham in Norfolk during his time working on the TV show 'The Chief' from 1993 to 1995.



### Homework

While messing about on the Internet I found another pub with a strange name - The Cat and Custard Pot in a place called Paddlesworth. Have a go and find out why it is called that odd name and also where Paddlesworth is. Don't wait for someone else to come up with the answer, I am quite happy to have lots of answers and I'm sure those members who do not have access to the Internet would like to know. Answers please by 31st January.

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### January Quiz

The Books you read as a child

1. Who wrote 'The Famous Five' Series?
2. Arthur Ransome, author of Swallows and Amazons based two other books in Norfolk. Where?
3. What was Anna Sewell's only book?
4. C.S. Lewis book The Lion, The Witch and?
5. What sort of shoes did Noel Stretfield write about?
6. Who wrote The Wind in the Willows?
7. Who did Christopher Robin go down to Buckingham Palace with?
8. Charles Lutwidge Dodgeson - what name is he famously known as?
9. Where is the story of Lorne Doone set?
10. Who wrote The Water Babies?

### Answers

1. Enid Blyton
2. Horning and the Broads
3. Black Beauty
4. The Wardrobe
5. Ballet Shoes
6. Kenneth Graham
7. His Nurse
8. Lewis Carroll
9. Exmoor
10. Charles Kingsley

**STOP PRESS!** - If you are running out of jars for your preserves, Jacky Dingle has approximately 20 that she no longer needs. Her telephone number is 01485 541218.