



INGOLDISTHORPE VILLAGE WI KEEPING IN TOUCH JULY 2020



From Lesley

I would not normally share something like this in a newsletter but feel it is only fair to tell you as I'm not sure how long it will be before we meet. By the time you read this I will no longer be working at the hospice.

As things are beginning to 'start over' I just want to say be careful.

I'm assuming you are now all avid readers and puzzlers, and if you cannot see your 'normal hairdresser' I'm told that Carole does an excellent job.

An idea to bring to our 'first reunion' – photos of yourself in 'Lockdown'. Some ideas: a funny pose all dressed up, up to your elbows in flour, a cuddle with a pet, out for a walk. Anything to make us smile.

Federation mailing for July tells us that the following have been adopted as the 2020 Resolutions – 'End modern slavery' and 'A call to increase potential stem cell donor registration'.

Lesley



Barbara Wragg

We were all very saddened to hear of the death of Barbara Wragg earlier this month. Barbara had been a WI member for over 30 years and held a variety of positions on the committee for much of that time. She enjoyed taking part in everything her health would allow, was a very competitive darts player and the Star Badge for Ten Pin

Bowling rarely left her side. She was a reliable volunteer for the Ingolstars, whatever part was suggested in plays and sketches and always contributed on our 'themed' nights and Dabble Days. Although unable to fully participate in the last few months Barbara maintained her interest in everything that was being organised. Our thoughts are with Lionel, Vanessa and William.

Jean Mitchell



July Birthdays

Happy Birthday to: Doris, Sue Pearson, Julie and Barbara Jones.

Now that the virus restrictions have been reduced, hopefully you will see some family or friends to wish you well.

Dorothy Walters VCO

Too wet to garden, fed up with knitting, stitching, T.V. and nothing to read so I decided to turn out my big wardrobe, at the bottom of which are three carrier bags of diaries. I thought I would research my 48 years of WI life.

I've been Secretary, Programme, Press and Show Secretary, and President. Then Vice Chairman of Middlesex Executive, cookery and preserves judge and speaker, but the most enjoyable time was as a VCO - Voluntary County Organiser.

After training at the National H.Q in Eccleston Square London and then at Denman College, I was accepted. I was so proud that I succeeded despite Nationals concern about my hearing problem and

that I did not drive. I visited every WI in Middlesex, using buses and the underground, always carrying my weapons – a few rows of knitting on steel knitting needles. Some areas I travelled through were scary especially at night.

Every WI Annual Meeting had a VCO in attendance. There were promotion meetings to organise, publicity days, training classes for new Presidents, Secretaries or Treasurers. Resolutions Meetings of course, new Institutes to open, trouble shooting, refresher weeks at Denman College. Always something going on and something to plan.

There were perks of course, invitations to WI Birthday parties, a definite seat at the AGMs and meeting so many members. VCOs are now called WI Advisors and I don't know if they still do everything I enjoyed, but it was the best 13 years. I'm nobody now but I still enjoy the WI and if I want I can go back to my diaries and relive my past glories.

Dorothy

(Dorothy you are not a nobody. You are highly thought of in our WI and a very good member and friend).



A Lovely Walk

On 8 June, Diane and I set off on our first walk together since COVID reared its head. It was a lovely day, blue sky, birds singing and not too hot. We duly kept our distance but close enough that we could have the much needed chat. Oh what a joy it was and so welcome after being deprived of each other's company for so long. We walked four and a half miles, along by the sewerage works (rather

smelly), straight up to Bircham Road, into Snettisham, down Station road, along to the Mill, then the Drift and finally back to the pond. Oh what a mess it is. We were encouraged by the kindness of one of the workers who lifted up the plastic pipes so that a group of very small ducklings could follow their mother to the pond. We clapped and said thank you and thought what a lovely gesture.

It was hard to say goodbye and we spent quite a while talking at the entrance to Grovelands before Diane left to climb the hill back home. We saw Red Kites soaring up high, heard lots of birds twittering away in the hedges, saw fields of wheat, barley, potatoes and sugar beet and the lovely poppies and wild flowers. It was a wonderful walk and cheered us up but we did miss the usual stop for coffee and cake. Save that for next time.

Your Tea Hostesses

Carol and Diane



Railway Pudding

Thanks to Norfolk WI News I am now aware that someone else has heard of and eaten Railway Pudding. Taken from an old cookery book of my mother's dated July 22 1932. Recipe for Railway Pudding:

6ozs of flour, 5ozs of sugar, one tablespoon of baking powder, one egg, 4 tablespoons of milk and a little butter is an improvement. Mix together and bake in a quick oven for 15 minutes. Good hot or cold, cut through and spread jam

between. I seem to remember ours had currents in it and gather Father called it 'Hungry Mans Cake'. As the WI member who does not cook, I have not made use of the recipe!!

I think the other one sounds posher.

Perhaps we could get in touch with Norfolk WI News and offer hands across the County to the Pickenhams and Sue Potter.

Margaret Collison.



Exercising the Brain Time

London Tube Stations – How well do you know them?

The answers to these clues are all London Tube Stations.

1. Noisy Dogs
2. Heavenly Body
3. Long Lived Queen
4. Dutch Green
5. Rules of Boxing
6. Lords a Gathering
7. Bread in the oven we hopefully
8. Charred old tree

Mini Quiz

1. A young girl was driving a sports car, parks it beside a five star hotel. She immediately knows she is about to be made bankrupt. Why?
2. A man walks into a bar, and orders a glass of water urgently. The barman says nothing, but reaches for a gun from under the counter. He aims and fires it over the man's head. The noise is tremendous. The man thanks the barman, and walks out without waiting for his glass of water. Why?
3. What is the beginning of eternity, the end of time and space, the start of every end and the end of every place?
4. Why are 1971 bottles of Champagne more valuable than 1965 bottles of Champagne?

Squit

Mum and Dad row constantly. They call it 'discussion' but we children know better. Dad surprises us sometimes however, like last week after a heated 'discussion' Mum poured a glass of water over his head. Dad did not react as I thought he would. He merely explained, "after thunder and lightning, a shower is always to be expected". Mum was of course furious and accused Dad of being unreasonably calm.

Granny and Granddad have been married for ages. I asked Granny what is the secret that their marriage has survived so long. She said she and Granddad never go to sleep angry. (The longest they've been awake so far is five days!).



Women's Land Army

I'm sure many of you are thinking what's that to do with the WI? I would have thought the same until a few days ago. I've been researching the Women's Land Army for a Local History Group that I belong to and have found some very interesting facts.

In the Autumn of 1938 Lady Denman, Chairman of the National Federation of the Women's Institutes, had been requested by the Ministry of Agriculture to set up the Women's Land Army. In turn Lady Denman together with the General Secretary of the NFWI contacted the County Federation Secretary's to help. Lady Denman became the Hon. Director of the Women's Land Army. Norfolk's County President the Dowager Lady

Suffield J.P and County Secretary Miss Mary Burgess, had been prominent in the formation and running of the Norfolk Women's Land Army in the First World War.

Sylvia Pratt

YE OLDE SNETTISHAM WEATHER STONE

If stone is wet	'tis raining
If stone is white	'tis snowing
If stone is moving	'tis windy
If stone is hard to see	'tis foggy
If stone casts a shadow	'tis sunny
If stone is cold	'tis cold outside
If stone is warm	'tis warm outside
If stone is black	ye chimney's on fire

YE OLDE CARSTONE IS NEVER WRONG

Answers – Tube Stations

1. Barking
2. The Angel
3. Victoria
4. Holland Park
5. Queensbury
6. Westminster
7. Baker Street
8. Burnt Oak

Answers – Mini Quiz

1. The girl is playing Monopoly and has just landed on Mayfair with a hotel on it. She has insufficient money to pay the rent.
2. The man was suffering from an attack of hiccups. Either a glass of water or a shock to the system would cure him.
3. The letter 'e'.
4. Because there are six more of them (they are numbers, not dates).

Thank you to those who have contributed in any way to this edition. Please do not hesitate to pass something on which you may think will be of interest, or is there anything you would like to see in our newsletter? An email to sylviapratt6pq@gmail.com or a note through my letter box at 83 Grovelands sometime before 24 July.



Tail Piece

If you have the inner strength to.....
Start the day without coffee or pep pills
Be cheerful and ignore aches and pains
Resist complaining about your troubles
Understand when loved ones are too busy to give you time
Overlook the times when loved ones take it out on you
Take criticism and blame without resentment
Face the world without lies and deceit
Conquer tension without medication
Relax without alcohol..... **Then you are probably the family dog!**