



Norfolk Federation Newsletter

Hello from the Office!

We're looking forward to welcoming members back after the August break ...

Unusually for September, the postbag for upcoming events is somewhat full. November is going to be a particularly busy month! We hope that there is something to interest everyone

In September the Trustees and Chairmen of the Federation Committees meet to plan events for the forthcoming year. We sit with a year planner and plot all the events already being planned – it's a little like playing a game of chess! – making sure that we leave room for any ad hoc ideas that arise during the year.

I know we've said this many times before, but we need members to support the events that the Committees work so hard to put on. There's such a variety of things you can do: how many other organisations are there were you are invited to see what the charity Emmaus are doing, go on a ghost walk, listen to a speaker from the Norfolk integrated Domestic Abuse Service, make a piece of jewellery and enjoy a panto – all in one month! After all, the more you do in the WI as a whole, the more you get out of it!

We hope that you have all kept well in the recent heatwaves and are enjoying cooler weather now, and look forward to seeing you at forthcoming events.

Until next time, take care

Lause



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For Secretaries (hard copy only):
Amendments to the Yearbook

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This month's Norfolk WI News

The link to his month's edition is below:

<https://www.flipsnack.com/5b7d5f6bdc9/norfolk-september-2026>

Calendar & Diary Orders

You'll see that the order form for the Federation's calendar is in this month's mailing – the diary form went out last month. Just a reminder that we will only be buying the number of diaries ordered by WIs and/or individual members. In other words, there won't be any spares to purchase from the Front Office, so it's important to get your order in by the deadline of 30th September!

The calendar has returned to the long format and is cheaper this year at only £6. To avoid over-stocking, we have only ordered a limited number – so, again, get your order in quick!

Bra Bank

The Federation now has a Bra Bank for the charity, Against Breast Cancer! The charity works to fund groundbreaking research in the UK to stop secondary spread from breast cancer. You can bring your used/surplus/ new bras in and deposit them in the bra bank; all the bras will be given a new lease of life by being ethically recycled. The Bank will be in the Members' Room, where you'll also find some leaflets on their work

De-Stash Craft Sale 17th October

Thank you for the contributions we've received so far and we look forward to gratefully accepting more! Don't forget to spread the word to your non-WI craft friends about the bounty that will be on sale!

Visit to Emmaus, 5th November

The charity is well-known for their work with homeless people. Kim Reynolds and I were invited to a special event at Emmaus following the Resolution on Homelessness, which was passed this year. As a result of that Resolution, Emmaus are inviting members to visit them at Ditchingham to see the amazing work they are doing. Details are on the flyer in this mailing: we would really recommend you taking up their offer of a tour.

Things to do & Other Useful Information

- **"The City for Incurable Women"**

Production: This one person show examines the history of "hysteria" and is touring at Sheringham Little Theatre and St George's Theatre on 24th and 25th September. For tickets go to:

<https://sheringhamlittletheatre.com/whats-on> and <https://stgeorgestheatre.com/whats-on>

- **Eastern Angles Theatre Company:** are touring with their production of *The Go Between*. For details of their venues go to [The Go-Between - Eastern Angles Theatre Company](#)

- **Safer & Accessible Cycling in Norwich:** the Women's Cycling Safety Audit in Norwich are asking if members would be willing to complete a short survey, enabling them to gather information on the experiences of women cyclists. This is probably really only appropriate if you cycle in Norwich, but if you are willing to participate, the link to the survey is <https://tally.so/r/RG5Gaj>

- **MacMillan Coffee Morning, 25th September at Woolovers, Norwich:** a number of WIs have taken up their offer for a special evening and now Woolovers are inviting us to join them for coffee, cake and conversation – and in a win-win, there will be 20% off any purchases! 10am – 12.30pm.

Finally...

Be Safe, Be Well, Be Kind

