On what was a very dull cold morning, it was surprising to see so many members making the effort to attend. Thankfully the heating in the Town Hall had warmed the room up sufficiently to ensure the cold was kept at bay, closing the curtains this month may have helped as well. In attendance were 27 members and 2 visitors. We had one new member join this month bringing the total membership to 40 which is very pleasing to achieve.

As a morning meeting group we can sometimes have problems finding suitable speakers. We've not yet failed though to find something of interest, for which we have to thank our Speaker Liaison (Rosemarie), once again finding someone with a passion for her subject, even if it was the third choice for the month. Skincare especially natural products may not be to everyone's taste (it is not something of interest to our Secretary definitely) but Kim Durrant, an ambassador for Tropic Skincare, managed to show her enthusiasm for the subject and made for an interesting meeting. The presentation included sampling of several products which went down well. The cleansing scrub even impressed the Secretary with its aroma and the way it softened the skin (not enough however to tempt a purchase it must be added).

Away from the monthly meeting our sub-groups have all met this month: the craft group have been busy working their way through the excess craft materials in various stashes, to produce items which we hope to sell at a craft sale fundraiser in the future, the book group is now once again at full capacity which is very pleasing and will be starting on another of the books on the list, our light lunch group 'Coffee Cups and Flower Pots' who meet at local garden centres visited the Moulton Nurseries this month, and as usual viewed what was available for sale and enjoyed a light lunch at the restaurant, the games group have found time to play boardgames at one of the member's homes, and finally, the walkers once more ventured into Norwich as part of their winter programme, for what was the last walk in Norwich until October/November time (unless the weather remains dull and damp). This month walking from the city centre to the Roman Catholic Cathedral of St John the Baptist at which they not only enjoyed some excellent refreshments in the Narthex, found some interesting street features, but also learnt of a family link to the building.