



Old Buckenham WI Newsletter

January 2026

Happy New Year!

Our first meeting of the year is on 22nd January, and our speaker is Julia Farr, one of our members, speaking about her World Travels Part Two. The competitions are a photograph of a sunset as well as the usual Flower of the Month.

We are continuing the Love Food Hate Waste table, and we are delighted that Alison will continue to organise this for the coming year.

The raffle each month helps to raise funds, and we are always grateful for any donations that you can provide.

In addition, we are grateful that Bev will continue to organise the craft table. If you have craft items, plants or books you would like to donate, please bring them along. However, if they are unsold at the end of the meeting, we kindly ask you to take them home with you.

There will also be a discussion lead by Christine and Sheila on the five resolutions which are:

1. Accessible Public Toilet Facilities to Promote Dignity, Health, and Social Inclusion,
2. Action on Women's Homelessness,
3. Nearer to Nature,
4. Love your vulva – Self-checking is your best defence against vulval cancer,
5. Every child needs a friend.

We shall be voting for one.

Our refreshments this month will be in aid of the Big C Cancer Charity. The Big Cuppa is a local charity, so any donations will be greatly appreciated.

There is also a coffee morning on Wednesday 21st January at The Grain Kitchen at 10.30am.

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There is beauty in
every January sunrise
—a new day, a new
opportunity to grow.

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Thought for the month.....