



December 2025

# Norfolk Federation Newsletter

## Hello from the Office!

**We're beginning to feel a lot like Christmas...**

... especially because we're decking the halls of Evelyn Suffield House!

November has been a busy month for events, but because everyone is getting ready for Christmas, December is much quieter. This month's mailing is advertising events on offer next year! Just a reminder that if you are paying by BACS for an event, don't forget to send in your application form or email Helen, so we know you've applied and included you on the list of attendees.

## Christmas Closure

The Office, House and Car Park will be **closed** from **3.30pm on Tuesday, 23rd December**. We **re-open** on **Monday, 5th January 2026**.

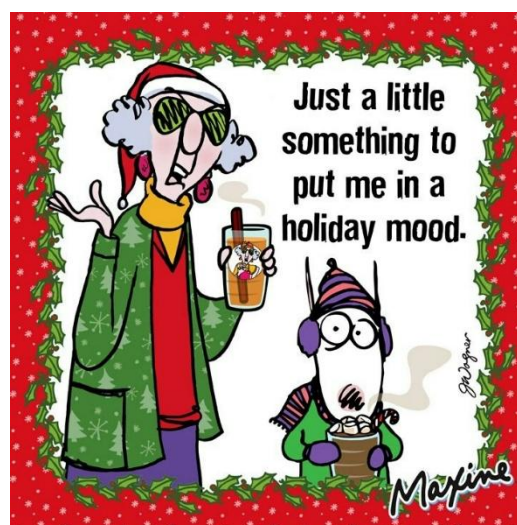
## December Magazines & Mailing

The postal date is 16<sup>th</sup> December. If you collect your magazines and/or mailing, please do so before 3.30pm on Tuesday, 23<sup>rd</sup>.

Whilst Christmas is a wonderful time for many, for some it is a difficult occasion. However you are spending Christmas, I hope you have fun and I have no doubt, enjoy your WI Christmas celebrations!

Until next time, take care and

*Lause*



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Christmas Card to WIs  
Events Update  
MCS Reps Workshop  
WI Learning Hub Workshop  
Auditions Day  
Zoom Panto Flyer

### Outside Mailing:

Hidden Hearing Free Hearing Health Check Offer



facebook.com/NorfolkWI



NorfolkWI



[norfolk.thewi.org.uk](http://norfolk.thewi.org.uk)

[fedsec@norfolkwi.org.uk](mailto:fedsec@norfolkwi.org.uk)

Evelyn Suffield House 45 All Saints Green Norwich NR1 3LY  
01603 624580  
Charity No. 1201046

## This month's Norfolk WI News

The link to the online edition of this month's magazine is:

<https://www.flipsnack.com/5b7d5f6bdc9/norfolk-december-2025>

## Christmas Cards – have you got yours yet?

The cards designed by members are going fast! Available in packs of 5 for £3.25, or singles at 65p. Get yours whilst stocks last!

## Writing Competition 2025

There's still time to enter! The closing date is 31<sup>st</sup> December and full details of the theme, rules and how to enter can be found here [Writing-Competition-Flyer-2025.pdf](#)

## 500 Club 2025/2026

Thank you to everyone who bought a share. The monthly drawer prize money for the new year will be:

1<sup>st</sup> £12 / 2<sup>nd</sup> £10 / 3<sup>rd</sup> £5

For FAM the prizes will be:  
£24, £20 and £10.

## Collaboration with Tide Hearing Concerned about your hearing?

Do you know that the NHS recommends that you should have a hearing check at 50 and that over the age of 60 we should have a hearing check every two years? Whilst many members are already looking after their ear health, I suspect that lots of us haven't taken time to have their hearing tested.

So we are delighted to be working with Tide Hearing, an independent hearing care service based in Norwich, offering FREE hearing screenings and ear wax checks. Look out for information next month on the offer and how to book.

## Save the Dates 2026

Included with this month's email is the calendar of events which the Federation's Committees have been busy planning for next year. As you'll see there's a packed programme for 2026! We hope there's something for everyone, so do please support the hard work of the volunteer Committee members. Sometimes it proves just that bit too difficult to finally arrange something, so it

can't go ahead and it may be that we have to be flexible with the dates of some of the events, but this gives you a taster of what's on offer for the coming year – and there'll be more to come!

## Things to do & Other Useful Information

In December, other than over-eating, over-imbibing and googling recipes for left-over turkey and sprouts, we tend to have enough to do. However, we've been contacted by KL Magazine, looking to do an article on Norfolk recipes. This is what they have said:

- **Do you have traditional Norfolk recipes and stories you could Share?**  
We've been contacted by Ellie, a writer for KL Magazine (King's Lynn based high-quality lifestyle publication), who is working on an exciting feature about traditional Norfolk recipes and the stories behind them. Ellie is looking to interview people who have cherished family recipes passed down through generations, or who have memories and stories connected to traditional Norfolk dishes. Whether it's your grandmother's Norfolk dumpling recipe, memories of a family vinegar cake, or tales of local food traditions, she'd love to hear from you. This is a wonderful opportunity to share our local culinary heritage and see your family traditions celebrated in print across North and West Norfolk. If you have traditional Norfolk recipes and would be happy to share the stories behind them, please get in touch with Ellie at [ellie@klmagazine.co.uk](mailto:ellie@klmagazine.co.uk) or 07890 988443. Help preserve and celebrate our wonderful Norfolk food heritage!
- **[https://www.bbc.co.uk/food/leftover\\_turkey](https://www.bbc.co.uk/food/leftover_turkey)**: for ideas on left-over turkey

## Finally...

**Be Safe, Be Well, Be Kind.**

