



INGOLDISTHORPE VILLAGE WI KEEPING IN TOUCH MAY 2020



Welcome everyone to our May Newsletter.

This one is bigger and better than the one we sent out last month and, with your input, it's proving to be a great way for us all keep in touch. On another positive note, it's encouraging to see how strong and adaptable to change we all are during these difficult times. Personally I'm ticking things off my 'Bucket List' and, if the Lockdown continues, I may only have wing walking and a bungee jump left to do!

Di – Vice President's turn this month



The Country Parson Rose

Sylvia Spear

It is always sad when we lose a friend and we were so very sorry to hear that Sylvia Spear passed away earlier this month. Sylvia loved this part of Norfolk and spent many years here before her semi-retirement. Although not very well recently she maintained her interest in the WI which went back a long way and she was very supportive and helpful to me when I took over from her as President. She enjoyed all the walks, long and short, the trips on the Wherry, the gardens, the theatre, the fund raisers, the Annual meetings in Norwich, her enjoyment of the Ingolstars performances (I will never forget my 'audition' in front of her) and her immense knowledge of plant life. Sylvia loved ballet and she and I went to see Swan Lake. I was a bit apprehensive as it was a modern production, an all-male cast and with a slightly different slant on the story. I held my breath until Sylvia leant over and said 'this is wonderful', another very happy memory. We send our love to Audrey and all the family. The Cremation will be on 6th May, family only, but Audrey says there will be a Memorial service later.

Obituary

We have just learnt of the death of Betty Fenn. Betty was a founder member of our WI and although not a recent regular member at our monthly meetings she loved the WI and maintained her interest in all our social events, attending as many as she could. We send our sympathies to Graham, Sheila and all the family.

Jean

Early Days of our WI



As the present holder of the Archives I was asked to write a short piece about the formation of our WI. A search into the Minute and Record Books reveal that in 1975 on the evening of 10th November, 35 women met to discuss the possibility of forming a WI in Ingoldisthorpe. Formerly some of them were members of WI's in neighbouring villages, in fact Snettisham was called Snettisham and Ingoldisthorpe for many years. At that meeting, two VCO's (now called County Advisors) gave information about the history of the WI and films of Denman College were shown, questions answered and it was agreed to form a WI in the village. The next stage was a 'Formation Meeting' which was held on 15th December, 1975. Although only 23 attended, 50 women had expressed an interest in joining. It was at this meeting that all the business had to be approved, the Constitution and Rules explained, the enrolment of the founder members (and I am so pleased that one who was at that meeting, Betty Fenn, is still coming to our social events) the bye-laws when it was agreed that the Institute be called Ingoldisthorpe Village, the numbers of committee members, the night to meet, the number of meetings per year (it was agreed then it would be 12, I will have to delve further to find out when that changed) the age a girl could join (16) and suggestions for speakers for the first three meetings one of which was cookery by Jean Thurston who is still a regular visitor to our social occasions.



The next record is of a General Meeting for members on 26th January 1976, so we could in actual fact celebrate our birthday in November, December and January! It is interesting to note that at the Formation meeting, although a start time of 7.30 is minuted, there is no end time, consequently that first meeting closed at 10.05 and the following months between 9.45 and 10.20; by February small birthday gifts had been agreed and a Drama group was formed. In March the Darts team was formed, 6 dozen cups and saucers were purchased for £13 and 100 teaspoons for 45p; by April plans were in place for a Flower Arranging group and it was agreed that no more new members from outside the village be accepted at the moment as the membership was between 50 and 60! Members were asked how they felt about joining with other WI's to form a Group. May saw plans for a fund raising Jumble Sale, visiting the Royal Show at Stoneleigh, setting up a bowls team, and discussion of the Resolutions. In June the Bursary (£25 was introduced), a trip to Gooderstone Water Gardens where the entrance fee was 30p. By July a Netball team was being planned and exhibits made for the King's Lynn Exhibition. In August there was a talk and demonstration on Corn Dollies, September saw the continuation of the flower arranging classes and introduction of a dress making class and a keep fit class. In October the results of the King's Lynn Exhibition were announced, 32 entries and 23 awards. The Annual Subscription for the following year would be £1.50. In November the 1st Annual Meeting was held, we are following exactly the same format today. December was a normal monthly meeting with business, a talk and demonstration on flower and **then one carol was sung, but..... January was PARTY TIME!**

I have only given the bare bones of that first year, but what a year.

Jean

Hope you enjoyed last month's newsletter, the colour and pictures were added by Di our Vice President. We will continue to do this different style newsletter until we get back to meeting again.



Isolation thoughts

So, we are going into isolation, everyone is out panic buying and stockpiling, still cannot get my head around the obsession with toilet rolls but I have always been slow to catch on.

At least it will be over before May when we will be going to Canada. How wrong can one be?

Initially, cancelling travel plans took time but hey, time is what we have. The truth is I haven't stopped, the allotment

has been a godsend and legitimately being there each morning for a couple of hours gives me a different view. At lunchtime its home to start on the garden, both have never looked so manicured! Online Pilates or Yoga comes next followed by sewing, baking or walking on the marshes and before long its dinner time after which the earplugs go in to watch 15 series of ER whilst doing a chocolate box cottage scene puzzle which is all I had apart from a Disney one we had bought for my grandson. After 3 weeks of lockdown its numerous trees and expanse of sky is still not finished. Face Timing family is normal but friends too now rather than meeting up, this is the one thing I miss more than anything, socialising, purely because I love talking. I haven't worn make-up, earrings or bras (the latter not making much difference) since it started which is no hardship but I will soon be wearing a Hijab or bobble hat if I can't visit my hairdresser, so perhaps it's time to grow it so I can look like Flavia Cacace from Strictly although I am aware that I would probably have to lose a stone in weight and dye my hair black!

So did I stockpile? My husband, suddenly transported back to the 1950's said tin stuffs were needed and opted for a tin of Spam. Feeling this was one step too far into desperation, tins of beans and tomatoes were my items of choice and also managed some flour. Thankfully he has forgotten about it and I've conveniently lost it in the back of the cupboard!

Although virtual prisoners in our own homes it is also quite liberating giving us time to appreciate what really matters, I hope we all come out the other end better for it.

Sue Pearson



Happy Birthday to Maureen Dennis – relax in the garden with a glass (or even two) of wine.

Exercising the Brain Time

Anagrams - could be food, rivers of the world or counties in England (two of each)

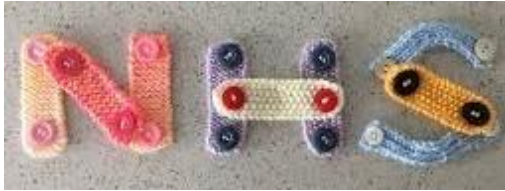
1. DANGORIRE
2. GERMUNIE
3. FLOFUSE
4. BUCIMAR
5. RAMRUY
6. IEHOERSDERHFR

This and That

1. Which is the third largest continent on Earth?
2. How old was Stirling Moss when he died on April 12th this year?
3. How many spikes are there in the Statue of Liberty's crown?
4. What did Percy Shaw invent and market 2 years after a foggy drive in 1933?
5. To what group of islands do Sky, Mull and Iona belong?
6. Which restriction was lifted in Britain on 15th July 1945?

The letters WI appear somewhere in every answer

1. String
2. Crafty
3. Dental sagacity
4. A lively dance
5. Hayley Mills starred in this film



Sore Ear Savers

Sue N introduced me to this good cause and full details can be found by Googling Sore Ear Savers. These are small items either sewn, knitted or crocheted that prevent the ears of those wearing PPE Masks getting sore. There are also patterns and details on the internet to make scrubs and masks. The hospital or a local care home I'm sure will be glad of our efforts.

The QE I'm sure will be glad of these, but you made need to contact a local care home to see if they would like any.

A Little Dog's Prayer

A master who is firm and kind
And understands a doggies mind
A walkie and a meal each day
Is all I ask for when I pray.

Pam



Lockdown

During this time of social distancing I have tried to get out walking locally every day and there have been many changes in that time. One particular day I remember was 9th April because it was the first time that I had seen swallows and house martins flying down by the sewage works, presumably filling up on flies after their long journey.

It was a warm, sunny day with numerous butterflies as I walked up Hill Road. Holly Blue, Green Veined White, Speckled Wood and Orange tip danced above the verges there. Among the obvious nettles and other greenery were pink flowers of herb robert and the purple flowers of ground ivy and several other plants that, at this stage, I could not put a name to.

Contrast this with my late afternoon walk yesterday, 24th April. That same verge is an abundance of green and white with cow parsley, garlic mustard (which, interestingly, is a food plant for orange tip butterfly caterpillars!) and white dead nettle. Even the trees at the back of the verge have this white theme with a tree laden with what I take to be apple blossom and the hawthorn just coming into flower. I notice a few flowers of red campion and wonder what colour scheme nature has planned for us next.

Kath Roche



Hair Today and Gone Tomorrow

I look in the mirror and what do I see?
Who is that woman staring at me?
What the hell is that on the top of her head?
It looks like the hair of something that's dead!

The shock that I feel when I realise it's me
Fills me with horror and fear.
Thank goodness nobody else can see
And think, what has she done to her hair?

I have to admit that it was my fault,
The colour was fading, there was definitely grey.
But the length was just awful,
To wash it and dry it just took all day.

Before anyone could stop me
I bought a cutting kit on line.
The hairdresser made it look easy,
So no problem there, I'll be fine.

So after my shower, with said kit at the ready
I picked up the scissors to start.
It took me a while for my hand to get steady
And that was the easiest part

I decided to begin with just a slight trim
So the effect would not be so stark.
What happened instead was shockingly grim
It looked like it had been cut in the dark.

So not to be beaten I started again,
Using the thinning scissors instead.
I aimed for the fringe but the direction I'd taken
Nearly poked my eye to the back of my head.

I was not giving in so I went on with care
And it began to look a bit better.
As I tackled the sides my aim went adrift
And I'm lucky still have my ear.

All that was left was the back of the head
So I grabbed it and gave it a good slice.
So when finished and done I really saw red
When asked had it been gnawed by the mice.

If you have the desire to have a go,
Just pick up the phone and let me know.
You are very welcome to use my kit
But no promise the results will be a hit.

Carole

Your Daily Walk If you want a change from your usual walk, why not walk through the Allotments and have a rest on the bench in the Memorial Garden. If not already out, the fruit blossom will soon be appearing and on a sunny day it should be a lovely peaceful place. How about a photo for next month's newsletter?

Mobile Post Office This is still visiting, the latest times are: Monday, Tuesday & Thursday 11:45-12:15 and Fridays 1-1:45pm.

My apologies to those who could not open the email attachment last month, I will send it out as a PDF in future. Should you still not be able to open it, please let me know and I will get a copy to you by snail-mail.

Sylvia

Clap for the NHS

My end of Grovelands were a bit slow in coming out on a Thursday evening to clap for the NHS, but as the weeks go by our numbers are increasing. It is amazing how the noise travels now there is so little traffic.

Brain Time answers:

Anagrams

1. Rio Grande, 2. Meringue, 3. Souffle, 4. Cumbria, 5. Murray, 6. Herefordshire

This and That

1. North America, 2. 90, 3. 7, 4. Cats Eyes, 5. Inner Hebrides, 6. Blackouts.

The letters WI are always there in the answers

1. Twine, 2. Wily, 3. Wisdom Teeth, 4. Strip the Willow, 5. Whistle Down the Wind.



Sunday 19th April

When I got up this morning I decided my jobs for the day would include ironing, filing, giving the sitting room a tidy up and then doing a bit of work getting our newsletter started.

As I write it is now afternoon, nearly time for a cuppa and none of the main jobs have been done. The reason being those little birds in the picture above. My next door neighbour has a Rhododendron in the centre of his lawn. This makes a good R&R spot for the ducks. Last week there

was one family of 13 which gradually reduced to four, Saturday they were joined by another family and today there were three families there all at the same time. Too many ducklings to decide who belonged to who. Around the bush Roy has placed two large plant pot saucers containing water, one of which was full of little birds soaking up the sun while Mums had a sleep. No doubt the mothers are worn out laying so many eggs, but they don't have to do much for the youngsters. The ducklings find their own food, and after sunbathing in the water sort their feathers out followed by a good shake. When Mum comes too, off they go, their little legs scurrying along to keep up with her and she has no idea if they are all with her. The Drakes seem to sit together across the road, not interested in their families.

Having spent most of the day watching these delightful creatures, I'll now go and make a cuppa and have a look at the crossword.

Sylvia

Hurricane Warning

A hurricane will hit our house, arriving half past three. Predicted grading: Storm Force. Departing after tea. His name is Thomas Robin, he's very nearly five, His energy's enormous, who knows if we'll survive? Our Grandson's such a whirlwind, I really can't explain Just why we're so impatient to have him back again.

I found this in a USA information sheet and thought many of you may have similar thoughts.