

Cuppa care

Bringing us together



91%

of UK adults think
small moments of
connection can make
a difference to someone
who feels lonely*

The Cuppa Care Bus aims to bring people together and tackle loneliness.

Whether you just want to get out of the house, to meet new people, or chat about something that's worrying you – we have friendly people on hand who can help.

Come on your own or with a friend, you'll be more than welcome to join us for a cuppa and a chat!

Contact us at cuppacarenorfolk@gmail.com or 01603 404440.



@cuppacarenorfolk

Will be visiting:

Market Place, Watton

15th September & 6th October 10.00-12 noon

Cowper Road Car Park, Dereham NR19 2DA

21st September & 20th October 1.30-3.30pm

Market Place Car Park, Swaffham PE37 7AB

15th September & 6th October 1.30-3.30pm