



Norfolk Federation of WIs
Charity Number: 227411

Let's Zoom Together

May Federation Zoom talks!




You can apply for as many talks as you like and can apply anytime, but please book early to avoid any cancellations of zooms

Email Helen in the first instance at admin@norfolkwi.org.uk to book your talks

She will confirm your booking by email

Once you receive the confirmation, please send your payment (details below)

Applications will be allocated on a first come first served basis

Date	Time	Topic	Subject	Cost	Tick Box
Tues 4th	7pm	Gardening 	Lizzie Fox - How to produce a gorgeous garden...easily Flower & gardening obsessed. I'm looking forward to sharing some of my top tips on how to create a gorgeous garden ..easily! I'll be sharing some ideas for beginner gardeners and for the green-fingered to inspire you to try something new. I'll also be sharing some of the top gardening trends and how you can apply these- no matter the size of your outdoor space.	£3	
Wed 5th	7pm	Real Life 	Donna Price - Talk on Naturism Our presentation is an introduction to naturism, what it means, how it can be enjoyed, where and by whom. It is delivered by myself and a fellow British Naturism member. I cover the general intro into naturism and Shân Allen, talks about the benefits to children growing up in naturist families. Naturism is very empowering and for women, it often has much greater impact in their lives, particularly in terms of body-confidence and body-positivity	£3	
Wed 12th	4pm	Travel 	Chrissie Le Merchant - The Tamar Valley Join Chrissie for a diversion to the Tamar Valley, the ancient boundary between Wessex and the Kingdom of Cornwall set by King Athelstan . With sixty miles of river, and only the chains of the Torpoint ferry preventing the Duchy from floating off into the Atlantic, there's lots to discover	£3	

Thurs 20th	4pm	Entertainment 	Sally Mabey - My Daughter's Wedding in Istanbul Follow Sally through all the dramas concerning her daughter's wedding to her handsome Turk, the dress, the travel and a postponement!	£3	
Tues 25th	10.30am	Food 	Heather Jeary & Carol Makins - Idea's for Summer Entertaining Seasonal foods to enjoy with family and friends. To include Pesto and Pine nut Salmon Gratin and other tasty recipes. Come join Heather and Carol for a fun demonstration. All recipes will be sent out prior to the date	£3	

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..... WI

Name: Tel No.....

Address

.....Postcode.....

e-mail

Please use tick box on form to indicate which talks you are applying for

I enclose £for place @ Please make cheque payable to NFWI
 On the reverse please write "Zoom" and the name of your WI
 Please return to Evelyn Suffield House, 45 All Saints Green, Norwich NR1 3LY

By BACS: To NFWI Sort Code 08-92-99 Account No. 65431449
 Payments should be referenced with your Surname and "Z"

FOR OFFICE USE ONLY Please do not staple cheques to this form

Date received.....Amount.....P I Cash

Date sentPost Email