



Norfolk Federation Newsletter

Hello from the Federation Office!

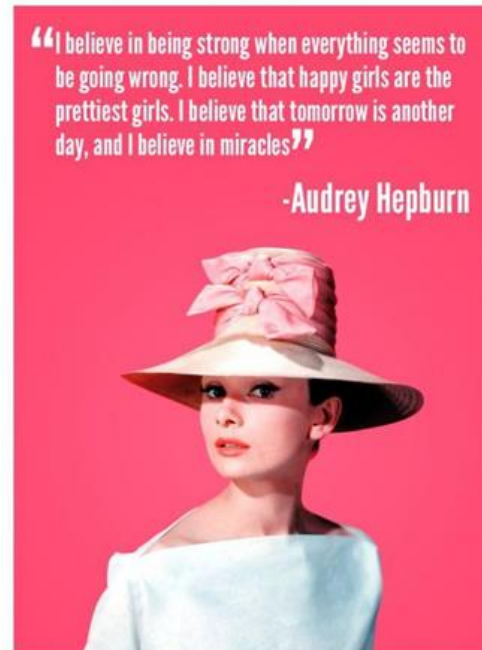
We're back!

Vanessa, Helen and I have been in the Office for a couple of weeks now. It is good to be back together again, although it does feel strangely quiet without members popping in.

I mentioned that we have put in place Covid Secure measures, so if you do have to visit, please remember that you *must* make an appointment; you will certainly notice some changes, with one way systems, footprints showing where to stand, numerous "do not use" signs, a temperature gauge and much hand sanitiser. It all looks a little unfriendly, we must admit, but is so necessary at the moment – it doesn't mean that we're unfriendly, you'll still find the same welcome!

We have a **Covid Secure Safe Working** document, which is included in this mailing and can be found on the Norfolk WI Website, on the "News" page, so you know exactly what the Federation is doing to keep Evelyn Suffield House Safe. If you would like a hard copy, email Helen (admin@norfolkwi.org.uk) The main points are also in this month's Norfolk WI News.

We know that a number of WIs are meeting up, or planning to meet up, in whatever way they can. At times like this, you have to get creative! So do let us know how you met,



what you did and how inventive you were with your social distancing! And don't forget to take photos!

I'm aware that some members think that some of the information in the Newsletter isn't relevant for them. I do understand, but we feel that if you know how we're all ticking along, you'll still feel part of the WI, even if you can't get together at the moment. Imagine the parties when we do!

I hope you have all enjoyed your first hairdresser's appointment in 4 months – I certainly did!

Until next time, take care.

Lause



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norfolk.thewi.org.uk

Norfolk WI News Magazine

Our publishers, Today Magazines, had hoped that they would be able to produce a printed version of the magazine from September. Unfortunately, this isn't now going to be possible, although we are hopeful that it will be printed in October/November. We will obviously let you know when you can start collecting from your usual outlets, but in the meantime it will be available online and via the photocopies requested.

Because the printing company hasn't been able to produce the magazine, the Federation has carried the cost of photocopying the requested hard copies, in colour, for the past few months. The cost of doing so is becoming prohibitive, however, and we have therefore taken the decision to produce the hard copies in black and white. We are sure you will understand that this is a necessary financial step, in these unprecedented times.

As I've mentioned previously, we are discussing options with Today Magazines for next year and will let you know about them as soon as we can.

This month's Magazine

Here is the link to view the latest edition <https://www.flipsnack.com/5B7D5F6BDC9/norfolk-wi-news-aug-20/full-view.html>
It can also be found on the News page of our Website and do please keep sending in what you've been up to.
magazine@norfolkwi.org.uk

"The cheque's in the post"

It really is! Now that we are back in the Office and able to deal with all the refunds, we have processed 90% of them and posted them out. Please bear with us if you are still waiting for a refund, but we promise the cheque is on its way!

500 Club

It's the time of year when we send out the form for members to buy shares. A form is included with this mailing (and available online), but you don't need a form to apply! Simply send us a note, with the number of shares you'd like (at £5 each) and your name and address and we will send them to you.

Member's Survey

Thank you to everyone who has completed the survey so far. It will remain open for another 3 weeks, so if you haven't taken part there is still time. The results so far will be invaluable in planning for the immediate future and beyond.

ACWW "Pennies for Friendship"

Several WIs have asked if we are accepting cheques to send to ACWW – the answer is yes! Send your cheque to Vanessa at the Federation Office.

Norfolk Recipes

Thank you to everyone who sent in recipes recently. You will find them on a new page on the website. Also, in this mailing are 4 baking recipes using vegetables, devised by Trustees Carol Makins and Heather Jeary. This is the first in a new series which will be coming out each month, all on a different theme. Do send us your feedback on them (every pun intended)!

Meetings

We recently sent out the National guidance on annual meetings, including risk assessments, which might be causing some WIs a few headaches. Thurlton & District WI have prepared a risk assessment which they have very kindly said they are happy to share with other WIs. If you would like a copy, email Helen (admin@norfolkwi.org.uk)

As National say in their guidance "The timing of any return to meetings is yours to decide and must be agreed based on the best interests of your Members."

Government guidance changes rapidly, depending on the latest national and local situation. To keep up to-date with the latest advice go to

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>

Annual Meetings

We know that WIs are wondering what the situation is with regard to Annual Meetings. We will shortly be sending out some advice and guidance from National, which has been drawn up in consultation with National's solicitors.

Anagrams of Norfolk Landmarks

To put you out of your misery, included with this mailing are the answers to Lesley's Anagrams! Thank you Lesley for providing such a brain teaser; I only managed Cromer Pier!

Things to do & Other Useful Information

Here are some more links and information which I hope you find helpful:

- **War, Peace & the Women's Institute:** is a new book by author Barbara Lawson-Reay. The title speaks for itself! Copies are available from Gwasg Carreg Gwalch, 12 Station Yard, LLANRWST LL26 0EH @ £9.50 plus £2.50 p&p. Further information can be found at <https://carreg-gwalch.cymru/war-peace-and-the-womens-institute-2469-p.asp>
- **Picturing the Pandemic: Norfolk Museums Service** are asking the public to help record experiences of living through Covid-19, to be preserved for future generations. They have started a collection but would like more personal items from residents – they could be notes from neighbours, rainbow stickers, the pyjamas you wore to work from home (I would like to state here and now, I was properly dressed!), a photo of an item that sums up your experience – the possibilities are probably endless. To find out more about the project go to <https://www.museums.norfolk.gov.uk/museum-of-norwich/whats-on>
- **Be Scam Alert:** Norfolk Police are urging you to be vigilant against a scam reported locally. Victims are being contacted by a person pretending to be a police officer. The Police will never ask you to attend a bank to withdraw a large sum of money, nor arrange a courier to come to your house and collect it. Scammers may make you feel essential to the investigation and encourage you not to speak to family, friends or the bank staff about it. If you have been contacted and are suspicious report it to the Police on 111 and email me to let me know, so that I can

forward it on the Norfolk Trading Standards, who are obviously monitoring this terrible scam.

- **Norfolk Age UK, Age UK Norwich and Age UK:** have provided reassurance that they have no plans to close, are fully open, offering their full range of services – and all their shops are open. If you, or any older person you know, is in need of their services, Norfolk Age UK can be contacted via their Help Line on 0300 500 1217 Monday to Friday 10am to 4pm. advice@ageuknorfolk.org.uk. For Norwich 01603 496333 enquiries@ageuknorwich.org.uk
- **Age UK Norwich Cake Decorating Competition:** I have also been contacted by Nikki Neile from Age UK Norwich. They are currently running a cake decorating competition with the fantastic prize of an afternoon tea for two at the Assembly House! More information can be found on their website: <https://www.ageuk.org.uk/norwich/activities-and-events/fundraising-events/calling-all-keen-cake-makers-and-decorators> and on their Facebook page.

Finally...

Keep Safe

Keep well

Keep 

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