



Norfolk Federation of WIs

Charity Number: 227411



Embroidered Card

Brought to you by the Creative Activities
Sub-Committee!

Materials

Blank greetings card

Piece of spare card

Scissors

Thread (pink, yellow, purple and green)

Needle

Sticky tape

Double-sided sticky pads

Pencil

Ruler

1. Cut a piece of the spare card so it is 1cm smaller all round than the front of the greetings card. The flower is worked on this card.
2. Find something round that fits nicely on to the card to form the head of a flower.
3. On the wrong side of the card draw round the round shape near the top of the card, then mark it the numbers of a clock face (it doesn't have to be accurate).
4. Draw lines across the shape to join 12-6, 1-7, 2-8 etc.
5. Mark point on each line approximately half-way from the centre of the circle and the edge.
6. With a needle, prick a hole at the centre point, at each of the numbers round the edge of the circle and each of the points marked in stage 5.
7. Cut a long length of thread (about 1 metre will do) and thread on to a needle. (If you want the thread can be used double to make it more visible). Secure one end firmly on the back of the card with sticky tape. If more lengths of thread need to be used secure the end of the finished thread on the back of the card with sticky tape before starting with the new thread.

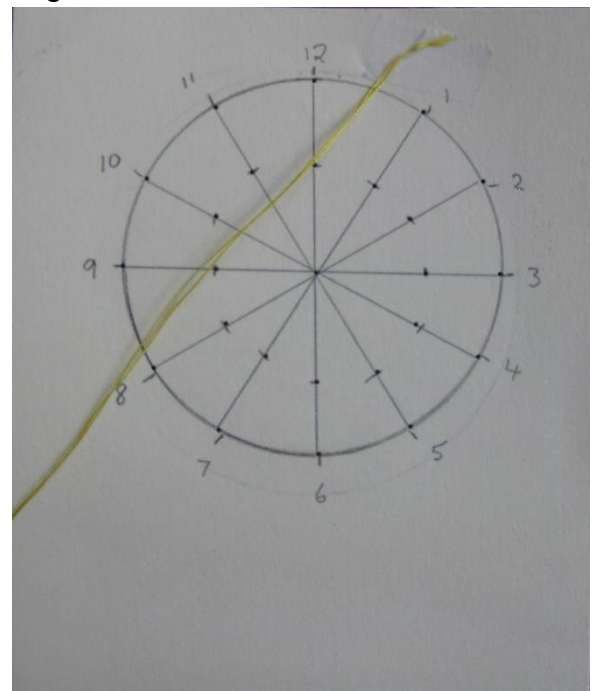


Figure 1: Steps 1 to 7

8. With the wrong side of the card facing and yellow thread, take the thread down through the hole at "12" and up through the hole at the middle. Take the thread down through the hole at "1" and up through the middle one. Repeat this at every hole round the circle. Finish off that thread.
9. Using pink thread take the thread down through the hole at 12 then up through the hole at 4, down at 8 up at 12, down at 4, up at 8.
10. Take the thread down at 1, up at 5, down at 9, up at 1, down at 5, up at 9.
11. Take the thread down at 2, up at 6, down at 10, up at 2, down at 6, up at 10.
12. Take the thread down at 3, up at 7, down at 11, up at 3, down at 7, up at 11. Finish off that thread.
13. Repeat steps.9 to 12 but using the holes at the inner ring and purple thread. Finish off that thread.
14. To make the stem and grass on the back of the card draw a long thin rectangle and lines for the grass. Make holes as shown at the top and bottom of the stem and at each blade of grass.
15. Using green thread join the top holes to the bottom ones on the stem. Then go along the holes for the grass.
16. Fix the embroidered card on to the greetings card using sticky pads

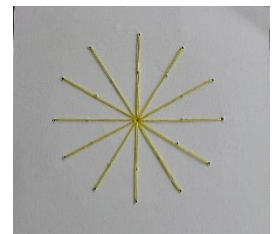


Figure 2: Step 8

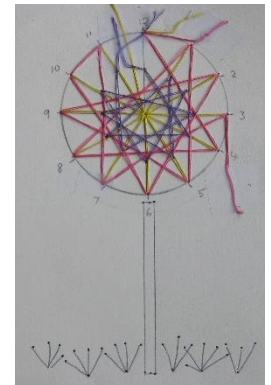


Figure 3: Steps 9 to 14

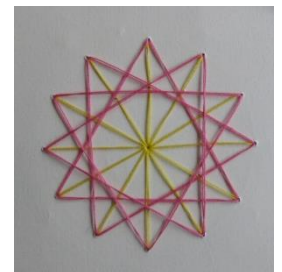


Figure 4: The Flower at the end of Step 12

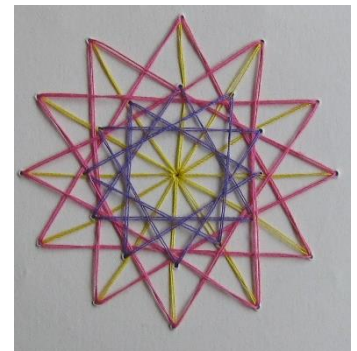


Figure 5: The Finished Flower at the end of Step 13



Figure 7: Step 16 - The Finished Card!

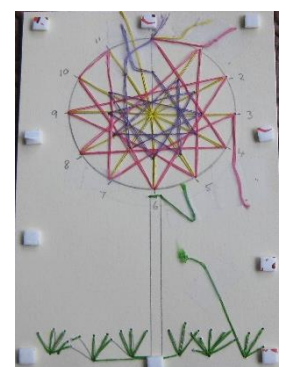


Figure 6: Steps 14 to 15

Send us photos of your cards!