the INSPIRING WOMEN

ATTLEBOROUGH WI

Newsletter March 2021



Dear Members

WI expenditure over the past year has been low due to the cancellation of our meetings, speakers and other events throughout the Pandemic. So members of your Committee will shortly be delivering (socially distanced, of course) a "goody bag" as a small thank you for your fortitude over what has been a very difficult year. We all look forward to a very different year coming up, with meetings and speakers and events - all within permitted guidelines.

Genevieve



Subscriptions for the new WI year are due in April. A form and an SAE is included in your goody bag for you to complete and send off to our Treasurer, Ann Kirkness.

Smiling is Infectious By Spike Milligan

Smiling is infectious, You catch it like the flu, When someone smiled at me today,

I started smiling too. I passed around the corner And someone saw my grin, When he smiled I realised

I'd passed it on to him. I thought about that smile, Then I realised its worth; A single smile, just like mine Could travel round the earth. So if you feel a smile begin, Don't leave it undetected. Let's start an epidemic quick And get the world infected. (Thanks to Anne T for sending this to me)



Our next speaker via Zoom will be on Wednesday 28th April at 1.30pm with Gavin Bickerton-Jones on "Norfolk Wildlife Through the Lens"



Do join us on Zoom. I'll send the link out nearer the time. If anyone's a bit unsure about using Zoom and wants a run-through with me beforehand, I'll be very happy to help.

While I'm on the subject of Zoom, check out **WI Wanderers**

on Facebook.



Any WI member can join this group, and they publish on a daily basis a list of events you can join on Zoom. Over the past few months, I've travelled to Seychelles, learned about the history of ladies underwear, visited historic Hampton Court, done a bit of facial massage, got all the gen on gin, and discovered something new about growing vegetables. And every Saturday you can meet other ladies from WIs across the country for coffee. There's something for everyone. Check it out!

ACWW - Women Walk the World 29th April 2021



We haven't been able to donate our pennies to ACWW due to the pandemic and the cancellation of our meetings, but by the end of April, all being well, we could form a couple of small groups to walk locally and raise some money as a donation for ACWW's project fund. Please contact me if you're interested.

Fudge for Easter

Brought to you by the Federation Creative Activities Sub-Committee



Ingredients: 300ml milk 800g granulated sugar 100g butter 2 tsp vanilla essence Optional flavours: 50g grated chocolate 50g glace cherries, chopped 50g chopped walnuts 3 tablespoons desiccated coconut

Method 1. Prepare a 7" square tin - well buttered or lined with baking parchment

2. Bring milk slowly to boil in a medium/large heavy based pan

3. Add sugar and butter

4. Heat slowly, stirring all the time until sugar dissolves and butter melts

5. Bring to boil, cover with lid and boil 2 minutes

6. Uncover then reduce heat slightly to boil steadily for 10-15 minutes, stir occasionally

7. Test if fudge is ready after the 10 minutes, by dropping a little of it into a cup of cold water. It should form a soft ball when rolled between finger and thumb. A sugar thermometer should read $115^{\circ}C$ / soft ball stage. If not ready then boil for the extra 5 minutes

8. Remove from heat and stir in vanilla and any additional flavouring

9. Leave to cool for 5 minutes

10.Beat fudge until it just begins to lose its gloss and

is thick and creamy (can use an electric mixer)

11. Transfer to prepared tin

12.Mark into squares when cool, cut with sharp knife when set **ENJOY!**



And further to last month's newsletter featuring **Sheila Young**'s wonderful work during lockdown, she has just sent me this picture of her latest creation, a **Rozetta Blanket**

Just beautiful, Sheila





The Future



Your Committee met last week on Zoom and we felt we could, at last, begin to plan, so I wanted to keep you updated about what we discussed.

Whilst we can't hold full WI meetings for a few months yet, we're hoping we'll be able to get together, under the guideline rules, at the Old Buckenham Country Park cafe in April.

As for full member meetings, we understand the Connaught Hall will be closed until at least September, so we're looking at other possible venues for our meetings, come May when restrictions are expected to be eased further.

And we are hoping we'll be able to have our Autumn Fair in November, so think of us instead of charity shops when having those clear outs, please!

I will keep you updated, and when we do have our first meeting, it will be a very special event, not with speakers or boring business or anything, just our first chance to get together in person and have a good old chat over a cup of tea and yummy cake!

Genevieve