



ATTLEBOROUGH WI

Newsletter August/September 2020



Dear Members

Welcome to this month's newsletter. We will have a WI meeting this month (at last, after 5 months ... yay).

It'll be in Bridget's garden on the 26th - see attached poster for details. Hope to see you there.

Genevieve



Anne Tinker took this beautiful photograph which will feature in the Norfolk WI Magazine.

Vacancies for 2021

Do you want to get involved? Do you have great ideas? Do you have a couple of hours of month (or so) to spare? Then come and join our Committee. No pay. No perks. Just a great feeling of satisfaction when you see everyone having fun at our meetings. Apply within (ie Genevieve!)



On the 22nd July thirteen of us met up (at a distance!) at the Old Buckenham Country Park for coffee, and to celebrate Norfolk Day 2020.

It was lovely to see each other in person for a change and the Park is a lovely setting. We will do it again - on Wednesday, 2 September at 10am.



See you there

Can you identify these eight well-known phrases?

(Answers at the bottom of the page overleaf)

- | | |
|---------------------|-----------------|
| 3
(frozen water) | pFiEgLeIoNnEs |
| daysallwork | head
heels |
| revirdtaes | once
08:45am |
| CCCCCCC | mce mce mce |

Here's a wonderful poem by Pam Ayres written in July which made me smile! Don't you just love a Pam Ayres Poem?

Unmasked

Oh, somebody make me a beautiful mask,
Of shimmering silk, or brocade, or damask,
Sequined and spangled, my visage to cup,
In Fabric that won't make me glasses steam up.
Yeah, give it some frills and some lace furbelows
Frolicking playfully over my nose
With entry to viruses firmly refused
Or is it for keeping them in?
.... I'm confused.

Recipe..... RecipeRecipe..... RecipeRecipe..... RecipeRecipe..... Recipe

Have you seen the Baking and Sharing page on the Norfolk WI Website? There are some great recipes and menus there every month, suggested by other Norfolk WIs. In July some biscuits called “Norfolk Fair Buttons” were featured, which were traditionally baked then sold at Easter markets in Great Yarmouth and Norwich. Here’s the recipe now:

Ingredients:

225 plain flour; 15g ground ginger; pinch bicarb; 50g butter in small pieces; 100g soft brown sugar; 100g golden syrup; and grated rind of 1 lemon.

Sift together the first three ingredients, rub in the butter and then add the last three and mix thoroughly.

Roll out thinly and cut into small rounds. Bake on greased baking sheets for 10-12 minutes in an oven temp 350°F/ 180° C.



Don’t forget that we have a **WI Facebook** page (search for Attleborough Women’s Institute) where from time to time I post pictures and various goings on in our WI, as well as regularly sharing many Federation and National posts. Do please “follow” us on Facebook and “like” our posts – it all helps to raise the profile of our WI and the WI in general.

It’s a Dog’s Life (as told to Bridget Barnard - thanks, Bridget, for passing this on)



Oh the heat!! We, that is me Rosie the greyhound and William the lurcher, don’t really like this heat very much it’s ok early morning when our ‘hoomans’ get up and take us out (don’t think they appreciate the early rising), we have our breakfast first or we will be grumpy, then it’s on with the leads and of we go!

The ‘hoomans’ decide where we are going and it’s time to sniff all we can, they get fed up waiting for us to sniff every blade of grass, lamppost, fence, wall and a few unmentionable things!! But we enjoy it! It’s fun looking for cats, they are our favourite, we love to pull hard on lead, jump up and down and bark in an effort to get away, as yet we haven’t managed. Meeting other dogs is quite fun too, just to say hello, some are friendly, some are not! Some ‘hoomans’ like to talk to us and pat us, but not all, that’s fine with us. When they think we have had enough we go home for a well earned drink and lots of sleep.

We have the run of the house and garden most of the time so we are in and out, playing some of the time, it’s too hot to lay outside to sleep!

We start to get grumpy about five o’clock and nag for our tea, then it’s more sleep! After the ‘hoomans ‘ have had their food they take us out for a little walk, it’s a bit cooler by then, so more looking for cats and more sniffing, then a quiet evening. A biscuit and wee before the lights go out and we get on our beds. We don’t often wake the ‘hoomans ‘ at night as they get grumpy being disturbed. Perhaps we might dream of a trip to the forest for a walk if it’s not so hot to search for squirrels, deer or rabbits to try to chase and bark at!

Goodnight



Your committee met up on the 17th in Bridget’s garden - what a lovely setting. And Bridget will be hosting our WI Meeting on the 26th at 2pm. There’s plenty of room for social distancing. Bring your own drinks but there will be **CAKE!** And, **THANK YOU, BRIDGET**



Answers to word puzzle: ice cube; cat among the pigeons; all in a day’s work; back seat driver; head over heels; once upon a time; seven seas; three blind mice (no “i”s/eyes)