



ATTLEBOROUGH WI

Newsletter June/July 2020



Hello all,

Our Committee met for the first time in four months on the 15th ... just five of us, I hasten to add, in the garden, seated suitably two metres apart. Very nice it was too, to see each other in the flesh, so to speak.

We covered various subjects, not least when we might next have a meeting, but, apart from discussing the logistics, we have, of course to wait for the advice from the Government. Certainly, we want to make it a great celebratory event! And I gather from my phone chats with members that there is a general reluctance to present ourselves to the outside world until after we've managed to get a hair appointment. Can't wait!



Genevieve

WI Resolutions

The new campaigns adopted by the WI for 2020 are:

End Modern Slavery
and

A Call to Increase Potential Stem Cell Donor Registration

We will be notified of the timetable for submission of resolutions for 2021.

In the meantime, do start thinking about what you'd like to see the WI adopt as a future campaign.



Here's another beautiful photo taken by Anne T.

This won the WI 2021 Calendar depicting Ponds.



Mary Nicholls has kindly sent me a photo of one of her beautiful oil paintings, with these comments:

"This is one of a number of oil paintings I have done of subjects backlit by the sun in my bay window. I am particularly interested in the play of light and shadow on everything I see. This painting is about 16 x 20 ins and was completed in about six afternoons. The slightly hazy effect is deliberate as the sunlight was quite soft in the late afternoon and I wanted to capture that. I won't be selling this picture as it is perfect in my sitting room. "

Mary

From our very own NHS Volunteer Responder

In March, the Prime Minister asked for NHS volunteer responders to assist local people who were self isolating during the lockdown. The clients would be referred by various professionals and linked to volunteers who would be able to assist in various ways. As I have pre-existing health conditions, I was only able to volunteer as a “check in and chat volunteer”. The Royal Voluntary Service sent me a link so I could use my mobile phone and they did some checks on me. They also sent links to their codes of conduct and helpful guidelines. I report on duty when available and a siren sounds on my phone if I’m needed. I can then accept or reject the task. If I reject the task it is passed on to another person. If I accept I am sent the phone number and the name of the client. I have volunteered for nearly 1000 hours so far but have only had two requests, one of which I missed. The other lady I phoned and had a chat with her but she did not need any further assistance. If she had, I would have contacted the support centre. It seems that Attleborough has plenty of support systems in place which is a good reflection on the community spirit present in the town. I am pleased that I volunteered and look forward to providing further assistance if necessary.

Christine Fallowfield

Did you know these things had names?

1. The space between your eyebrows is called a glabella
2. The way it smells after the rain is called petrichor
3. The plastic or metallic coating at the end of your shoelaces is called an aglet
4. The rumbling of your stomach is actually called a wamble
5. The cry of a newborn baby is called a vagitus
6. The prongs of a fork are called tines.
7. The sheen or light that you see when you close your eyes and press your hands on them is called phosphenes
8. The tiny plastic table placed in the middle of a pizza box is called a box tent
9. The day after tomorrow is called overmorrow
10. Your tiny toe or finger is called minimus



Has Covid 19 forced you to wear glasses and a mask at the same time?

You may be entitled to condensation...

This recipe is taken from our the Attleborough WI recipe book, published a couple of years ago by Kate Henshaw, which features some great baking ideas.

Betty Stacey’s Chocolate Cake:

5 oz self-raising flour	6 oz caster sugar	6 oz margarine
3 oz Cadbury's Drinking Chocolate	3 large eggs	3 tablespoons of boiling water

Preheat oven to 170° Gas Mark 4. Mix all the ingredients and beat well until smooth. Pour into prepared sandwich tins (size 7-8”) and cook for about 35-40 minutes. When cold sandwich together with butter cream. The whole cake can also be covered with good quality cooking chocolate... and then scoffed before anyone else gets the chance (my words – editor!)

Pam Nash noticed that a thoughtful fly tipper had deposited this useful object in Leys Lane the other day. Maybe they thought it might be of use to the many lockdown walkers along there!



Membership Subscription Extension

Good news about the three month extension to the annual subscriptions to the WI, isn't it? (A link to the WI website, giving more information is attached to this email.) Briefly, though, they have extended this year's membership by three months, and it will now be payable from April next year; membership subs will, from now on, always be due on 1st April, and this will be permanent. The WI made this decision provide some compensation for the disruption to our meetings and activities this year due to the prolonged lockdown period.

Let's just hope that we all meet again well before April next year. Till then, take care everyone, keep in touch and keep well.

Genevieve