



## Old Buckenham WI Newsletter

**January 2025**

Our first meeting of the year is on 23<sup>rd</sup> January and our speaker is George Cooper speaking about the History of the Broads. The competition is a photograph of a Winter Scene.

There will be the usual Love Food Hate Waste table, and we are delighted that Alison will continue to organise this for the coming year.

The raffle each month helps to raise funds but we are always grateful for any donations that you can provide. We do need to raise more funds, as the cost of running the meetings has risen, so Sheila Young will be telling us about how we can participate in the WI Lottery.

There will also be a discussion lead by Kate Lloyd on the four resolutions which are, Let's talk about incontinence. Bystanders can be lifesavers. Join the repair revolution. Eliminate landfill of medication packaging. We shall be voting for one.

A gentle reminder. If you have your name badge at home, can you please remember to bring it with you and then leave it with Susan when you leave the meeting.

A ticket to see Singing in the Rain on Tuesday 28<sup>th</sup> January has become available. If you know anyone who might be interested, please see Barbara Frost at the meeting. The cost, including the coach is £36.00. The pick-up is at 6.00pm outside the High School in Old Buckenham and 6.15pm at the bus stop in Queens Square Attleborough.

There will be a coffee morning on 4<sup>th</sup> February, 10.30am at The Nook, NR16 2HE, next door to Banham Zoo.

The next walk organised by Sheila Freake, will be on Friday 24<sup>th</sup> January. Meeting at the Gamekeeper Old Buckenham at 10.25am for departure at 10.30am. The walk will go via Stacksford, Banham Moor and Sandy Lane. Lunch will be at the Gamekeeper at 12.30. Sheila needs to know beforehand if you wish to join the walkers just for lunch.

Sheila Young is organising a Gin Tour at Hethersett on 10<sup>th</sup> April, the cost is £5.00 per head. If you are interested, please see Sheila at the meeting.

Thought for the month.....

There is nothing better than a friend, unless it's a friend with chocolate!